

Protect Your



With Vaccines During Pregnancy

Vaccines protect mom and baby. Getting vaccinated during pregnancy passes protection to your little one.



☐ **Flu (Influenza)**

☐ **Tdap**

☐ **RSV**

☐ **COVID-19**

How do vaccines protect baby?

Receiving recommended vaccines while you're pregnant helps your body create protective antibodies (proteins produced by the body to fight off diseases), and you can pass on those antibodies to your baby. This protection keeps your baby safe from diseases during their first few months of life, before they can receive their own vaccines!

Learn more about
vaccines during
pregnancy



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Why Pregnant Women Need Vaccines and When to Vaccinate



Flu (Influenza)

Pregnant women are more likely to get severely ill from flu, possibly due to changes in immune, heart, and lung functions during pregnancy.

For best immunity, vaccinate during **September or October**. Those in their third trimester of pregnancy can be vaccinated earlier, during July or August.

Tdap

Protects against whooping cough (pertussis). It can be serious for anyone, but for a newborn, it can be life-threatening.

Vaccination between **27 through 36 weeks of pregnancy** lowers the risk of whooping cough in babies younger than 2 months old by 78%.



RSV

Protects against RSV, a respiratory virus that can be especially serious for newborns. RSV is the most common cause of hospitalization in children under age 1 year.

Vaccinate **during weeks 32 through 36 of your pregnancy**, between the months of September to January.



COVID-19

Pregnant women are high-risk for COVID-19 complications.

Those who are pregnant should **stay up to date** on recommended COVID-19 vaccines.



Talk to your healthcare provider about vaccines you need during pregnancy!

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Source: CDC